



CCGA-NL Inc.

2023 Newsletter

Waterlines

Inside this issue

- **45th AGM**
- **Message from President**
- **Service Awards**
- **Did You Know?**
- **PLB Registration**
- **CCGA Board of Directors**
- **Annual Training Seminars**
- **Kids Colouring Contest!**

HOW TO REACH US:

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Phone: 709-772-4428
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**NEW! Office address - 878C Topsail Road
Mount Pearl**

The 45th Annual General Meeting of the Canadian Coast Guard Auxiliary (NL) Inc. was held on September 29, 2023 at the The Delta Hotel in St. John's. Following the AGM, the annual election of officers was held. Your Executive Board of Directors for the upcoming year is comprised of incoming President James (Jim) Chidley, District 7 Director, Marcel O'Brien, District 1 Director remains in the position of 1st Vice-President, Ross Petten, District 8 Director remains in the position of 2nd Vice-President, Rom Dalton, District 6 Director has moved into the position of Secretary/Treasurer. Aidan Penton, District 9 Director, retired as President is now Past President.

The Annual Fall Training Seminar was held at the Royal Newfoundland Yacht Club on September 30. The classroom sessions included refreshers in first aid and VHF radio use, search planning, communications and PLBs with MRSC. Water side activities included a life raft demo, a flare use demo, donning/doffing immersion suits and entering a life raft, an interactive man overboard rescue demo, line throwing and marlin splicing. Throughout the mild, sunny day participants interacted with members from around the province, SAR team members from Coast Guard and 103 Rescue Squadron and gained invaluable knowledge and experience.

The banquet and awards ceremony took place at the hotel Saturday evening where long service and special awards were presented.

Thank you to all CCGA members for your continued involvement and support. Thank you to CCG Team SAR, MRSC and 103 Squadron Gander for supporting us in putting off our trainings. They would not be possible without involvement of all parties.



GREETINGS FROM THE PRESIDENT

Greetings Auxiliarists,

I would like to take this opportunity to express my pleasure at representing the Canadian Coast Guard Auxiliary (NL) Inc. as the incoming President. Thank you to our dedicated volunteers, for whose dedication to service makes the Canadian Coast Guard Auxiliary Newfoundland and Labrador Region the strong, successful organization it is. I would like to welcome new members that have joined us in the past year and express our appreciation to you.



In 2023 we were delighted to be able to hold both our Spring Training Seminar in March and Fall Training Seminar in September. It was great to be able to bring members together again for these important weekends of training. We extend sincere appreciation to both the members who attended and participated and our colleagues in Search and Rescue, Canadian Coast Guard who assisted with our training seminar by leading sessions, as well as MRSC and 103 Squadron Gander for their participation.

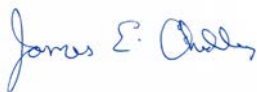
In 2023, the CCGA(NL) logged over 1000 tasking hours responding to incidents at sea, involving 32 vessels; our members participated in 34 on-water training sessions with partner organizations and had almost 4500 hours participating in table top training sessions, first aid and other such trainings. Bravo Zulu to our members.

I would also like to remind all members to complete and return your annual renewal form each year. It is important that we have up to date and accurate information at all times. We thank you for your cooperation with this.

For the members we have lost over the past year, we send our deepest condolences to their family and friends and thank them for their service. We also offer our sympathies to the members of District 3 on the loss of retired Director, Howard Noel.

I look forward to continuing to serve with you all.

Fair winds and following seas.



James Chidley
President

45th ANNUAL GENERAL MEETING

The 45th Annual General Meeting of the Canadian Coast Guard Auxiliary (NL) Inc. was held on September 29, 2023 at The Delta Hotel in St. John's, NL.

The Canadian Coast Guard Auxiliary was represented by:

Aidan Penton	President, Director District 9
Marcel O'Brien	1st Vice-President, Director District 1
Ross Petten	2nd Vice-President, Director District 8
James Chidley	Secretary/Treasurer, Director District 7
Winston Pitcher	Past President, Director District 5
Julia Crocker	Director District 3
Wesley Snook	Director District 4
Rom Dalton	Director District 6
Eugene Gray	Director District 10
Kelly Doody	CCGA-NL Executive Director
Karen O'Brien	CCGA-NL Administrative Assistant
Shari Affleck	CCGA National Executive Director

The Canadian Coast Guard was represented by:

Harvey Vardy
Regional Director, Response
CCG Atlantic Region

Christa-Lee Cole
Deputy Superintendent, Maritime SAR
CCG Atlantic Region

Glen Saunders
Senior SAR Officer - CCGA Renewal
CCG Atlantic Region



GREETINGS FROM MARITIME SEARCH AND RESCUE CCG - ATLANTIC REGION

Hello!

My name is Christa-Lee Cole. I am the Deputy Superintendent for Maritime SAR in the Coast Guard's Atlantic Region. I have been in this position since November of 2021. Prior to moving into this job, I worked as a Maritime Search and Rescue Coordinator at MRSC here in St. John's. It was during this time that I was introduced to the Canadian Coast Guard Auxiliary and the wonderful work that your organization does.



At the recent Winter Training Seminar in Gander I was asked to say a few words on behalf of CCG and now I would like to share a similar message of **'Thanks'** on behalf of myself and the Search and Rescue Program here in Newfoundland and Labrador, for everything that the CCGA-NL does to provide support to the Canadian Coast Guard and the Search and Rescue Program.

Search and Rescue is a primary mandate of the Canadian Coast Guard. However, we would not be able to do the work that we do without the efforts and support of each and every one of you.

If I were asked to describe a hero, without a doubt it would be someone who volunteers their time, and often risks their own safety, to help save the lives of others – that is a HERO to me!

So, here is a huge thank you - to the Coast Guard Auxiliary NL members – for your selflessness, and for always being there to answer the call. Whether you are at sea or ashore, we appreciate you.

Christa-Lee Cole
Deputy Superintendent Maritime SAR
Canadian Coast Guard – Atlantic Region



AUTHORIZED ACTIVITY



Members and member vessels are only covered by CCGA Insurance and eligible for reimbursement while on an **Authorized Activity**. In order for a Search and Rescue tasking to be considered an **Authorized Activity**, you must have been tasked through the Maritime Rescue Sub Centre (MRSC) in St. John's or Joint Rescue Coordination Centre (JRCC) in Halifax. You will be provided with an **Incident Number** which is **required** for reimbursement and proof of coverage, should the need arise. **Claims without an Incident Number will not be reimbursed.**

***You must notify the
Marine Rescue Sub Centre at
1-800-563-2444 or 709-772-5151
before you proceed to a vessel requiring assistance and upon returning to port.***



GREETINGS FROM MARITIME SEARCH AND RESCUE

CCG - ATLANTIC REGION



Greetings everyone,

I would like to do a quick introduction for those members of the CCGA I haven't met.

My name is Glen Saunders. I am originally from Mt. Pearl (although I'll never admit in public), I have deep roots in New Perlican, Trinity Bay South which is where most of my family hail from. I am a 27 year veteran with the Canadian Coast Guard, 18 years working directly with Search and Rescue. As the former Rescue Specialist Coordinator, I have recently moved into the position of Senior SAR Officer overseeing the Canadian Coast Guard Auxiliary renewal file for the Canadian Coast Guard Atlantic Region. I bring with me a deep respect for the vital role the CCGA plays in ensuring the safety and well-being of our maritime community, and I look forward to working with the CCGA members, Executive and board of directors to assist the CCGA as the organization moves forward in the years to come.

I look forward to meeting more of you during the fall training seminar in Gander this year.

Fair winds and following seas,

Glen Saunders
Senior SAR Officer CCGA Renewal
Canadian Coast Guard Atlantic

SAR VOLUNTEER TAX CREDIT

IMPORTANT
INFORMATION!

The Government of Canada allows for a *Search and Rescue Volunteers Amount Tax Credit*.

Essentially what this means is that SAR Volunteers who perform in excess of 200 'Eligible Hours' in a calendar year are able to claim a \$3000 non-refundable tax credit on their personal tax return, which can reduce taxes payable by up to \$450. This credit is non-refundable and as such, members need to have taxable income and tax payable during the year to benefit from this credit.

Eligible hours include:

- Responding to, and being on call for, Search and Rescue and related emergency calls;
- Attending meetings held by the organization;
- Participating in required training related to Search and Rescue services

Canadian Coast Guard Auxiliary members with eligible hours are entitled to claim this tax credit. In order to do so, you will require a confirmation letter from the CCGA-NL office. ***These letters are not sent out automatically, rather they need to be requested, as the office does not have a log of your hours.*** To request your letter, please use the form included in this package (also available on our Facebook page) to the office via fax, mail or email stating the number of hours at sea for the tax year. You would obtain this information from your log book, however we do not need a copy of the log, just a summary of time spent at sea, as hours on the water are the hours you are deemed to be available for Search and Rescue

Please allow for a one week processing time when requesting your confirmation letter.

For further information, you may contact the office at 709-772-4428 or 1-800-563-6158 or by email at kelly.doody@ccga-nl.ca. Requests can be sent via fax at 709-772-4109, by email to kelly.doody@ccga-nl.ca or by mail to CCGA-NL Inc., PO Box 938, St. John's, NL A1C 5M3. When requesting a Tax Credit Letter, please indicate how you wish to receive your letter and include your mailing address, fax number or email address as appropriate.



Did You Know?



RENEWAL FORMS

Renewal forms are sent out to every member each January. ***It is extremely important that these forms are completed in their entirety and returned to the office by March 31 of each year.*** These forms are used to maintain membership, to update our database, and to keep MRSC up to date on members and vessels available for tasking. In the event of an incident requiring assistance, fellow mariner's lives may depend on having accurate information. Please ensure your returned form has accurate information. Non-compliance will result in a member's removal from the Auxiliary.

*Do not hold off sending in a renewal if you are waiting on an updated CSI.
Send the renewal by the due date and forward the CSI as soon as you receive it!*

WHO IS IN COMMAND?

An auxiliary vessel **must** be under the command of a member of the Canadian Coast Guard Auxiliary (i.e., owner or alternate skipper) before accepting a tasking from the Marine Rescue Sub Centre. It is imperative that the MRSC be informed if no qualified Auxiliarist is onboard the vessel at the time of a request for tasking.

Upon acceptance of a vessel into the CCGA, the owner/operator designates an alternate skipper. This skipper is deemed to have the proper qualifications to operate the vessel, in accordance with the rules and regulations set by Transport Canada. If a qualified Canadian Coast Guard Auxiliary skipper is not onboard a vessel at the time of an incident, the tasking must be refused.

If a vessel accepts a tasking without a qualified Auxiliary member onboard, the vessel will not be reimbursed for the incident. More importantly, there will be no insurance coverage if damages were to occur during the execution of the incident.

INSURANCE CLAIMS

It is the responsibility of the CCGA owner-operator to report to your regional Coast Guard Auxiliary Representative any damage or suspected damage incurred to your vessel immediately following the conclusion of a Search and Rescue incident.

In addition, if damage occurs during a SAR case, every effort should be made to notify the Maritime Rescue Sub Centre at 1-800-563-2444 of the damage, especially if the safety of the CCGA vessel and its crew are jeopardized. MRSC must be notified so they can monitor the progress of the CCGA vessel to ensure it reaches port safely.

The owner/operator must complete a *Collision, Wreck and Injury* form and submit it to the CCGA Office in St. John's. This form is available on our website at ccga-nl.ca

CSIs

The CCGA-NL Office in St. John's must have an up-to-date copy of your vessel's Canadian Steamship Inspection (CSI) certificate. All vessels that become delinquent in their CSIs are flagged in the Search and Rescue System and are considered unavailable for tasking.

If your vessel has been flagged and it partakes in an incident, you **will not be eligible** for compensation, and more importantly, your vessel will not be covered by insurance should it incur damages. This will also affect eligible volunteer hours for tax purposes.

You will be notified that your vessel is not available for Search and Rescue. Upon receipt of this notification, please forward a copy of your current CSI or notify the office in St. John's of any delays so that your vessel is not removed from the SAR system permanently.

LET US KNOW!

Phone: 709-772-4428/800-563-6158

Fax: 709-772-4109

Email: kelly.doody@ccga-nl.ca

- ⇒ If you sell your vessel
- ⇒ Change your address or phone number, including cell/sat phone
- ⇒ Remove your vessel from the water
- ⇒ Increase the value of your vessel
- ⇒ Change alternate skippers
- ⇒ Update your CSI
- ⇒ Recertify your first aid
- ⇒ Operate in an area away from your home port





DID YOU KNOW?



As mariners, we all know the importance of having proper safety supplies and equipment on board our vessels to assist with on board emergencies and search and rescue missions. Did you know, the CCGA-NL has been providing members and member vessels with such equipment as funding allows? This past year we are pleased to have been able to provide additional dewatering pumps, AEDs and PLBs to larger vessels. In previous years we have provided vessels with lifting strops/life rings, binoculars, heat ready emergency torso blankets and first aid kits. We have also purchased PFDs to be given to members attending training seminars.



PERSONAL LOCATOR BEACON REGISTRATION



It is mandatory for all 406MHZ PLB, ELT or EPIRB to be registered with the Canadian Beacon Registry. Ensuring that your 406 MHz PLB, ELT or EPIRB is registered, as well as updating the information regularly, will facilitate the task for search and rescue personnel in the event of a distress situation.

If you have a registered emergency beacon, it is important that the information be accurate. Please update the information in the registry:

- **if you change your address;**
- **if you want to update the emergency contact information;**
- **if your phone number changes, or;**
- **if any of the important information in the registry changes such as colour of your vessel.**

Online access to the Canadian Beacon Registry is available to all 406 MHz emergency beacon owners to register new emergency beacons or to update their current information. You can add or update your emergency beacon information online, emailing a completed registration form, or by speaking with a representative. Registering your beacon helps to eliminate false alarms, which divert search and rescue resources away from genuine emergencies.

Register your PLB at the Canadian Beacon Registry.

- Visit the Canadian Beacon Registry website: www.cbr-rcb.ca
- Contact the Canadian Beacon Registry toll-free: 1-877-406-7671
- Or contact the Canadian Beacon Registry by email: cbr@sarnet.dnd.ca



Since May of 2022, the Canadian Coast Guard Auxiliary (Newfoundland and Labrador) Inc. has been issuing PLBs to members as funding allows. To date we have issued almost 600 PLBs, with the remainder being sent out late spring/early summer of 2024. PLBs sent out after the initial mailing were preregistered with the Canadian Beacon Registry in the name of the Auxiliarist to whom it was issued. Please check the registry to ensure your information is correct and up to date. It is the responsibility of the member to notify the CBR of any changes in status. A lost, stolen, broken or stored beacon can still transmit a signal which can divert resources unnecessarily.

Your PLB Registration Form is located inside the box with the User Instruction Manual. Your UNIT IDENTIFICATION NUMBER (UIN) is located on the outside of the box and also on the back of the PLB.

Please note: the Personal Locator Beacons issued by the CCGA-NL do not float!

Ensure that it is firmly attached to your personal floatation device at all times.



CCGA-NL BOARD OF DIRECTORS 2023/2024

Each year, as active members of the Canadian Coast Guard Auxiliary (NL), you are asked to vote for a Director to represent your District. For the 2023/2024 year, you elected the following:

District 1	Marcel O'Brien	927-5540	marcel.obrien@ccga-nl.ca
District 2	Ron Pittman	866-2505	ron.pittman@ccga-nl.ca
District 3	Julia Crocker	660-7385	julia.crocker@ccga-nl.ca
District 4	Wesley Snook	885-2422	wesley.snook@ccga-nl.ca
District 5	Winston Pitcher	728-6115	winston.pitcher@ccga-nl.ca
District 6	Rom Dalton	691-7284	rom.dalton@ccga-nl.ca
District 7	Jim Chidley	363-7502	james.chidley@ccga-nl.ca
District 8	Ross Petten	683-3218	ross.petten@ccga-nl.ca
District 9	Aidan Penton	682-2162	aidan.penton@ccga-nl.ca
District 10	Eugene Gray	532-5755	eugene.gray@ccga-nl.ca

Voting takes place each year in July/August. The list of candidates is derived from those members indicating on their renewal form that he/she wishes to put his/her name forward to be nominated as a candidate for Director. Voting is conducted by mail-in ballot.

We are unable to provide a second voting form if the first one is lost or misplaced.

The phrase "Fair winds and following seas," implies that a vessel will have good winds, and not have to pound into the waves.

FIRST AID TRAINING



The Marine Personnel Regulations require at least one person on board each fishing vessel be designated to provide first aid. This person must hold a valid Marine Basic First Aid training certificate or a valid First Aid certificate from a two-day first aid course recognized by a province or a territory. The office arranges for First Aid training each winter and will contact those members in each District with expiring First Aid certificates to offer a seat at one of these courses. If you attend First Aid training outside of these sessions, please contact the office to update the expiry date for your First Aid. You may also qualify for reimbursement up to \$250 for First Aid training done through an authorized provider upon submission of the course receipt. The CCGA-NL has provided first aid training to over 140 members in the past year. Contact the CCGA-NL office for more information.

INCIDENT/TASKING NUMBERS

All member vessels are to be in command of a member of the CCGA at all times during involvement in authorized activities. Failure to do so will result in non-payment of claims and no insurance coverage.

An authorized activity for search and rescue incidents is deemed to exist when an auxiliary member has been requested to respond to an incident by a Maritime Rescue Sub-Centre (MRSC) or Joint Rescue Coordination Centre (JRCC). Having responded to a request, a Search and Rescue incident case number is assigned and the Auxiliary member's involvement becomes an **"Authorized Activity"**. Under ordinary circumstances an Auxiliarist will be tasked by the MRSC/JRCC. If, however, an Auxiliarist becomes aware of a situation which requires immediate action, the member should act accordingly but inform the MRSC by whatever means available, as soon as possible. **Failure to do so will result in this activity not being authorized resulting in lack of insurance coverage and reimbursement.**

In all circumstances an Auxiliary member shall always keep MRSC/JRCC fully informed whenever an incident is responded to. MRSC/JRCC shall allocate a **Search and Rescue Incident number, or Case number** to each tasking. This case number will also be used as the **Incident Number** for reimbursement purposes, and as a **claim number** in the event that a claim for damages arises out of the authorized activity.

When an Auxiliary vessel is involved in an authorized activity, the master will complete an Incident Report Form to forward a copy to the CCGA-NL office not later than 3 months following the tasking.



2023 Happenings

With Covid-19 restrictions all but a thing of the past, we were able to return to more normal activities. A table-top Search Planning Training session using simulators was piloted in District 7 at Renew's in January and was well received by the 30 participants. We participated in the St. John's Pride Parade, the Fisherman's Blessing Ceremony and Remembrance Day Ceremonies. In September, shortly before our own training seminar, members of the Board took part in SARScene 2023 where valuable knowledge was gained, through participation in sessions featuring an array of interesting guest speakers, waterside activities and networking with others in the SAR field. In November we took part in the Fish and Workboat Show where we connected with many members who came to view the offerings.



A snap of the new Secretary/Treasurer, the 2nd Vice President and the new President at the Annual AGM looking sharp in their dress uniforms.

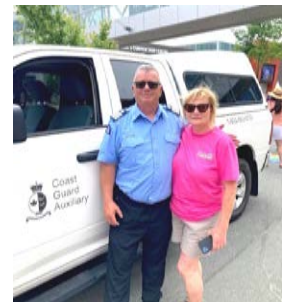
L-R Rom Dalton, Ross Petten, Jim Chidley



The CCGA(NL) was pleased to participate in the St. John's Pride Parade again in 2023 to support, celebrate and be allies to the LGBTQ2+ community.

Left - The CCGA vehicle lines up behind the CCG float in the staging area.

Right - Jim and Evelyn Chidley represent the CCGA(NL) in the Pride Parade.



Lest We Forget

President Jim Chidley, Director District 7 attends the Remembrance Day Ceremony in Ferryland, NL under gray skies in November 2023.

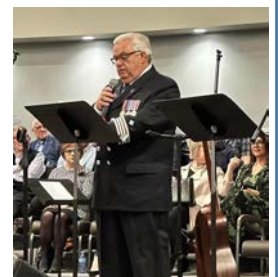


Ross Petten accepts a Harbour Authority Prix d'Excellence Award in the National Individual Achievement category of the Small Craft Harbours' Harbour Authority Recognition Program in July 2023.



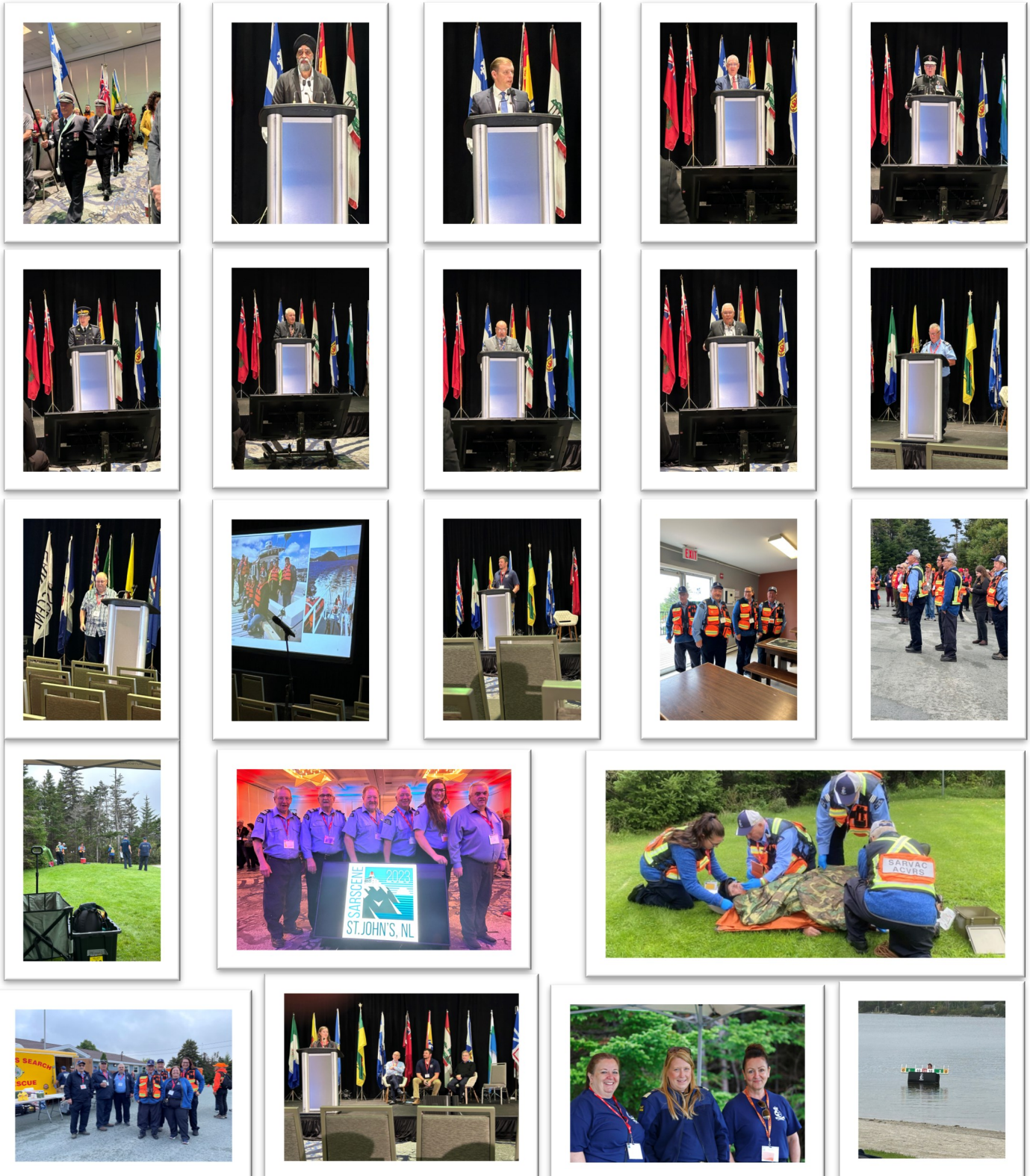
Federal Fisheries Minister Diane Lebovillier attended the Canadian Coast Guard Auxiliary National meeting in Toronto in November. CCGA (NL) President Jim Chidley and Executive Director Kelly Doody had an opportunity to chat with her.

Ross Petten, Director District 8, speaks at the Fisherpersons Service in Port de Grave, March 2023. This annual service offers blessings that all fisherpersons and vessels venturing out during the upcoming season will return home safely.



More from 2023

Some shots from SARScene. The CCGA(NL) had a team taking part in the events at the Sunshine Park and the office staff assisted at the CCG booth. Other Directors also attended the weekend, participating in various informational sessions and networking with other SAR providers. Opening ceremonies included the marching in of colours and greetings from various levels of government as well as other notables. A great deal of information and knowledge was shared amongst presenters and participants alike. All agreed that the weekend was very beneficial for all.



Canadian Coast Guard

Critical Incident Stress Management

The Canadian Coast Guard Wellness Team would like to make you aware of a service available across Canada to all Auxiliary members of the Coast Guard.

Launched in 2020, the Critical Incident Stress Management Initiative (CISM) is a program to assist in managing stressful and traumatic incidents.



When tasked by the Maritime Rescue Sub-Centre or Joint Rescue Coordination Center, Auxiliary members can be faced with very difficult challenges and often deal with stressful and tragic events. Dealing with critical incidents such as involvement in disasters, body recoveries, experiencing serious threats and/or physical violence and incidents resulting in extensive media coverage can have a profound impact on those involved, affecting their ability to cope and perform their normal daily routines.

Your willingness to assume the risk and brave these challenges are what makes you and the work you do so important. Coping with challenging situations, such as those you may have encountered, is different for every individual and you may become vulnerable to the physical and mental strain of performing this service. Taking the time and caring for yourself mentally is as equally important as addressing any physical injury. Investing in your physical and mental wellbeing ensures that you are always at the top of your game.

CISM is available to assist you. Throughout the Atlantic region, approximately 30 employees of both DFO and CCG have volunteered to support their colleagues, friends and peers to provide support, education and resources. They have taken extensive training and are supported by mental health professionals. The most common service provided by our peers is a brief encounter with you and your colleagues to provide information, support and resources to help you process what you have experienced. Peers can meet with members in person or virtually. Interactions with CISM peers is voluntary and confidential.

This approach is frequently used in many first responder and health care services, including police, fire fighters, paramedics, etc.

Should you be involved in a critical incident when tasked by the JRCC/MRSC, contact the Regional Operations Center at **1-709-772-6220** to request CISM services. A peer team member will get in touch with you. The CISM initiative can provide the following:

- stress awareness sessions
- small group support (defusing/debriefing) for individuals or work teams following a critical incident
- group debriefings with individual teams involving a mental health professional
- follow-up contact and if needed, recommendations to mental health or private service providers for further assistance
- demobilization during the course of an ongoing, major response to a critical incident

If you have any questions or comments about this initiative, please contact the CCG Atlantic Wellness team,

Aimee Reardon Aimee.Reardon@dfo-mpo.gc.ca

Laurie Morash Laurie.Morash@dfo-mpo.gc.ca

“Remember everyone reacts differently and how you react is a normal response to an abnormal event”

Common reactions:

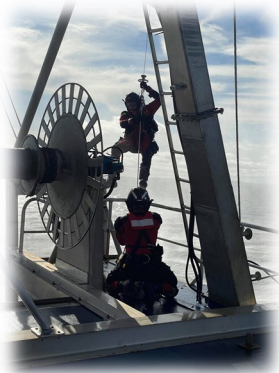
- Sleep disruption
- Nausea
- Confusion and disorientation
- Poor concentration and decision making
- Flashbacks
- Sense of loss or grief
- Emotional numbness
- Anger and resentment
- Increased heart rate and blood pressure
- Nervousness/shaking/tremors



Greetings From 103 Search And Rescue Squadron, Gander

103 Search and Rescue Squadron and the Canadian Coast Guard Auxiliary.

103 Search and Rescue Squadron and the Canadian Coast Guard Auxiliary have a long tradition of working together for training and operations. The immense experience of the CCGA crews and types of vessels available ensures some of the most realistic, challenging training available that prepares our members for operational maritime sorties.



Whether it be a bright and sunny afternoon or a wet and foggy evening, the Canadian Coast Guard Auxiliary members have always been there, during training and operations. These volunteer rescuers can be relied upon to always help us with ever varying training situations to keep all of our skills mission-ready! Hovering a CH-149 helicopter over the turbulent Atlantic is never easy and we are almost never called out in calm conditions. We always appreciate the realism working with the CCGA vessels that have gear on the back deck, and we are forced to be very particular about where the SAR Techs are inserted on deck. Along with the variety of vessels, are members of the CCGA all of whom have exciting and valuable training and operational experience. You have some vessels which, when they have their stabilizers in the water, can float across what seems like any sea state the ocean can throw at them. Then you have other boats that seem to roll with the waves. As a pilot we can appreciate the skill and handling with which CCGA members can maneuver their craft... and the crew members must have stomachs of steel!

However, whichever vessel it is that we end up working with, they all provide their own level of challenge which is why we continually seek to train and work with the CCGA vessels. Without the CCGA vessels, our training would be substantially more limited, and our experience levels would be significantly less. We would like to thank all of the members of the CCGA for the unwavering support that they provide to the Canadian SAR system and the Royal Canadian Air Force's SAR community, as well as for the support and training opportunities that they provide specifically to 103 SAR Squadron.



Seek and Save!!

Reminder

CCGA-NL Toll Free
1-800-563-6158



CCGA-NL Fax
709-772-4109



MRSC St. John's
1-800-563-2444
709-772-5151



Waterlines

We are always looking for new content! If you have news items, stories, accolades and/or photos that you would like published in the annual Waterlines newsletter, please send them to:

Editor - Waterlines
c/o CCGA-NL Inc
PO Box 938

St. John's, NL A1C 5M3

Email: karen.obrien@ccga-nl.ca
kelly.doody@ccga-nl.ca

Fax: 709-772-4109



SERVICE AWARDS - 2023

40 Year Members

Marcel O'Brien	District 1
Samuel Lambert	District 8
James Pond	District 9
Melvin Starkes	District 10

30 Year Members

Thomas Normore	District 1	Michael Hearn	District 7
Caroline O'Brien	District 1	Glen Norman	District 9
Samuel Morris	District 1	Perry Collins	District 9
Morley Normore	District 1	Douglas Collins	District 9
Noble Foley	District 2	Peter Jones	District 10

35 Year Members

Kevin Normore	District 1
David Cassell	District 2
Anthony Ryan	District 2
Calvin Paul	District 5
Harry Fudge	District 5
Mervin Piercey	District 8
Harold Stagg	District 9
Victor Morey	District 10
Guy Bridger	District 10

20 Year Members

Paul Hunt	District 2	Ronald Curtis	District 8
Tony Hunt	District 2	Gerald Petten	District 8
Shawn White	District 3	Nelson Bussey	District 8
Jeff Childs	District 3	Tony Simmons	District 8
William Whyte	District 5	Vince Petten	District 8
Brian White	District 5	Jack King	District 9
Cory Brothers	District 7	Max Rowe	District 9
Gary Hyde	District 8		

25 Year Members

Dorman Fowler	District 1	Thomas Lundrigan	District 6	Raymond Barrett	District 8
Allister Russell	District 1	Mike Burke	District 6	Glenn Moulard	District 9
Douglas Ryland	District 1	Sean Maher	District 7	Rollins Cobb	District 9
Dorman Compton	District 2	Terry Bungay	District 7	Christopher Bath	District 10
Barry Randell	District 2	Rick Stanley	District 7	Keith Morey	District 10
Wade Stoodley	District 4	Darren Noonan	District 8	Larry Pinksen	District 10
Derrick Peach	District 5	Roger Burt	District 8	Terry Morey	District 10
Curtis Dohey	District 6	Craig Drover	District 8	Lloyd Morey	District 10
Andrew Careen	District 6	Douglas Baird	District 8	Gerald Foss	District 10
David English	District 6	Ivan Batten	District 8		

Volunteers Saving Lives
on the water

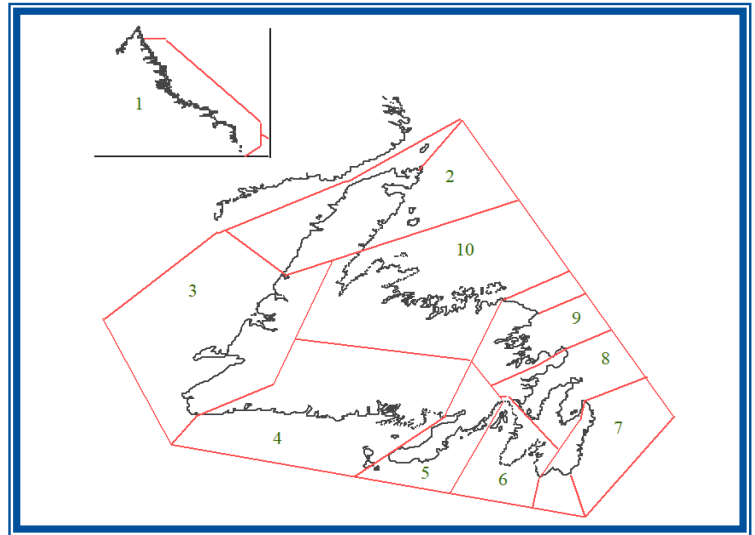


Thank you to all
our volunteers



The map to the right shows the breakdown of the ten Administrative Districts in the province:

- District 1 - Labrador
- District 2 - Northern Peninsula
- District 3 - West Coast
- District 4 - South Coast
- District 5 - Burin Peninsula
- District 6 - Placentia/St. Mary's Bay
- District 7 - Eastern Avalon
- District 8 - Conception / Trinity Bays
- District 9 - Bonavista Bay
- District 10 - Notre Dame/Green/White Bays



On-Water Training

As part of our training program, the CCGA-NL assists the Department of National Defense with their training program by providing member vessels throughout the province to take part in on-water training with 103 Squadron from Gander as well as participating in training programs with the Coast Guard. Pictured to the left is a cormorant helicopter from 103 Gander taking part in a training exercise with The Lady Barrett in Gander.



Identify as CCGA



When communicating with the Joint Rescue Coordination Centre (JRCC) or the Maritime Rescue Sub Centre (MRSC) regarding maritime incidents or taskings, or any other matters, it is important to always **identify yourself as a Canadian Coast Guard Auxiliary Member.**



Pictured: What's Happening owned by Joey Angnatok

Weatherlore!

- ◆ A halo around the sun or moon means rain or snow is coming soon
- ◆ When dew is on the grass, rain will never come to pass
- ◆ If bees keep to their hives and spiders leave their webs, rain is on the way
- ◆ Schools of herring rushing to the beach means wind
- ◆ Pebbles in the stomachs of freshly caught cod indicate a storm is brewing
- ◆ A cat scratching the wall means strong winds are in the offing
- ◆ Seabirds keeping near the land tell a storm is near at hand but flying seabirds out of sight, you may stay and fish all night
- ◆ If Candlemas Day be bright and fine, the worst of the winter is left behind. If Candlemas Day be rough and grim, the worst of winter is yet to come. (February 2)
- ◆ Evening gray and morning red sends the traveller wet to bed, but evening red and morning grey, sends the traveller on his way
- ◆ Mackerel scales and mare's tails make tall ships carry low sails
- ◆ When sound travels far and wide, a stormy day will betide





Canadian Coast Guard
Director General

Garde côtière canadienne
Directrice générale



April 12, 2024

To all volunteers of the Canadian Coast Guard Auxiliary:

As we prepare to celebrate National Volunteer Week, on behalf of the Canadian Coast Guard, we want to thank you for everything you do for our shared search and rescue efforts. Your continued contribution demonstrate your commitment to our cause, and it is passionate, dedicated volunteers that make what we do possible.

The theme for this year's National Volunteer Week is *Every Moment Matters*. This highlights the importance of every volunteer and each contribution you've made at a moment when we need support more than ever. The sharing of time, skills, empathy, and creativity is vital to the inclusivity, strength, and well-being of our communities. By coming together, committing support, and increasing our collective efforts and impact, we contribute exponentially to the quality of life we all strive for.

Your efforts in providing support to the Coast Guard's Search and Rescue program is one we are proud to recognize. We come together to recognize and celebrate the importance of each and every volunteer's impact from coast to coast to coast. Now more than ever, Every Moment Matters.

Congratulations on another year well done, and thank you!

Yours sincerely,

Gaston Doucette
National Director, Search and Rescue
Canadian Coast Guard

Kathy Ngluem
Director General, Response
Canadian Coast Guard

cc: CCG.DGResponseOffice-BureauInterventionDG.GCC@dfo-mpo.gc.ca

Canada 



2023 Fall Training Seminar



2023 Fall Training Seminar



SERVICE AWARDS - 2023

5 Year Members

Kyla O'Brien	District 1	Colleen Parsons	District 8
Bert Mercer	District 1	Roy Bishop	District 8
Sheila Mercer	District 1	Dean Jarvis	District 8
Raymond Bennett	District 1	Brandon Reid	District 8
Oswald Allen	District 1	Roger Tizzard	District 8
Errol Anderson	District 1	Terry Emberley	District 8
Travis Dyson	District 1	Ivan Lear	District 8
Lewis McNeill	District 1	William Clench	District 9
Rex Voisey	District 1	Michael Balsom	District 9
Robert Short	District 2	Llewellyn Rowe	District 9
Travis Forsey	District 5	Jay Ryan	District 10
Brian Paul	District 5	Nathan Jones	District 10
Scott English	District 6	Shane Gray	District 10
Nathan Jolliffe	District 8	Logan Ryan	District 10
Corey Pilgrim	District 8		

15 Year Members

Everett Turnbull	District 1
Renny Hickey	District 3
Carl Snook	District 4
Christian Keeping	District 5
Curtis Branton	District 8
Henry Pender	District 9
George Jacobs Jr.	District 9
Thomas Barnes	District 9
Boyd Rowe	District 9

*Congratulations to all with
heartfelt thanks!*

10 Year Members

Karen Davis	District 1	Reginald Petten	District 8
Eddie Heard	District 1	Matthew Petten	District 8
Peter Snook	District 4	Ivy Petten	District 8
Bernard Nolan	District 6	Wayne Reid	District 8
Walter Hearn	District 6	Derek Hammond	District 8
Michelle Petten	District 8	Eugene Blake	District 8
Barry Tucker	District 8	Christina Petten	District 8
Bradley Porter	District 8	Joshua Ryan	District 10
Bruce Petten	District 8	Cynthia Gray	District 10



When the lucent skies of morning flush with dawning rose once more,
And waves of golden glory break adown the sunrise shore,
And o'er the arch of heaven pied films of vapor float.
There's joyance and there's freedom when the fishing boats go out.



A reminder to Auxiliaries:

When taking part in an authorized activity such as a tasking or training, it is imperative that all paperwork and requests for reimbursement are returned to the office in a timely manner. We ask that all reimbursement requests be submitted within 90 days of the activity. Requests for activities taking place in January, February or March must be received at the office not later than March 28. Requests that are not submitted within these timeframes may be denied and/or may not longer fall within the budget period.



Phonetic and Morse Code Alphabets

Morse Code was used for 160 years to relay messages to and from mariners all over the world. While it has been retired in favour of satellite communications, amateur radio operators still use it. The purpose of the phonetic alphabet is to ensure that letters are clearly understood even when speech is distorted or hard to hear. Below is the NATO phonetic alphabet and the Morse code alphabet.

Symbol	Code Word	Morse Code
A	Alfa	• —
B	Bravo	— • • •
C	Charlie	— • — •
D	Delta	— • •
E	Echo	. •
F	Foxtrot	• • — •
G	Golf	— — •
H	Hotel	• • • •
I	India	• •
J	Juliet	• — — —
K	Kilo	— • —
L	Lima	• — • •
M	Mike	— —
N	November	— •
O	Oscar	— — —
P	Papa	• — — •
Q	Quebec	— — • —
R	Romeo	• — •
S	Sierra	• • •
T	Tango	—
U	Uniform	• • —
V	Victor	• • • —
W	Whiskey	• — —
X	X-ray	— • • —
Y	Yankee	— • — —
Z	Zulu	— — • •

Can you decipher the message below?

0-0-0	0-0-0	0-0	0-0-0		0-0	0-0	0-0-0
_____	_____	_____	_____		_____	_____	_____
0-0-0	0-0-0	0-0-0	0-0-0		0-0-0	0-0	0-0-0
_____	_____	_____	_____		_____	_____	_____
0-0-0	0-0	0-0-0		0-0-0	0-0-0	0-0	0-0-0
_____	_____	_____		_____	_____	_____	_____

A Wave on the Deep Blue Sea

**In the ocean deep and blue,
The rolling waves appear,
A sea crest running shore-ward,
To the sandy beaches near,**

**For is a wave just one or three,
Or ripples to the side,
Or is it all the ocean,
And the movement of the tide?**

**For surely now you see the truth,
As clear as it can be,
It is not one or two or both,
But rhythms of the sea.**

-Pamela Storch

Home Remedies of Newfoundland and Labrador

- ⇒ Burns and scalds - place the burned area in flour, put a slice of raw potato on the scalded area, rub butter on a mild burn, put a cold tea bag on a mild burn.
- ⇒ Upset stomach - drink ginger tea or ginger wine, make a tea by boiling juniper bark, alder buds and dogberries, drink a mix of baking soda and water, or have some peppermint
- ⇒ Sore throat - using a clean piece of cloth, wrap a salt herring around the neck, gargle with salt water or drink dandelion tea.
- ⇒ Toothache - put a clove or oil of clove around the tooth, put a hot cloth on the side of the face, gargle with salt water.
- ⇒ Insect sting - dab on white vinegar or lemon juice, rub with clay,

We are on Facebook!

We have a Facebook page for members, check it out for news, updates, forms, pictures and more! Search for:

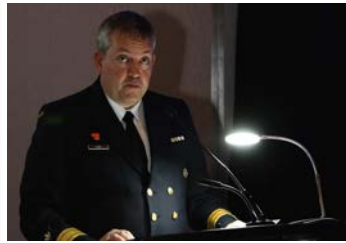
Canadian Coast Guard Auxiliary—NL Region



Find us on
Facebook



2023 Awards Banquet



2023 Training Seminar Weekend



District 1 Director, Marcel O'Brien receives his 40 year service award



Board of Directors 23/2024
Canadian Coast Guard Auxiliary (NL)
(Missing from photo - Ron Pittman)



Bradley Porter, third from left, is awarded the Operation Medal of Merit for his efforts in saving two fishermen in July near Marysville.



Office team - Karen (Administrative Assistant) and Kelly (Executive Director)



L-R: Jim Chidley President CCGANL, Shari Affleck CCGA National Executive Director, Aidan Penton Past President CCGANL



Captain (Ret) Wilfred Bartlett and wife and founding member Harry Strong and wife attend the awards banquet.



Mission Statement

Our mission is to provide a permanent day and night search and rescue service to cover marine requirements in Canada and prevent the loss of life and injury.



FUN PAGE

WORD SEARCH

A	B	T	I	D	E	C	D	F	E	A	M	O	O	N
L	C	O	D	F	I	S	H	R	L	U	D	W	I	L
O	R	F	L	A	G	T	N	E	S	V	B	E	O	I
B	N	O	E	T	L	O	U	E	N	D	O	U	S	F
S	U	E	V	H	N	P	N	B	C	R	A	B	T	E
T	I	N	T	O	B	T	A	O	K	R	T	Y	A	J
E	D	I	W	M	O	D	I	A	F	E	W	G	R	A
R	F	R	H	L	V	R	Q	R	E	S	I	T	B	C
E	L	A	I	O	E	A	R	D	O	F	T	D	O	K
N	A	M	C	N	S	F	N	A	G	N	R	E	A	E
I	R	O	E	C	S	T	P	C	E	M	J	P	R	T
L	E	X	B	I	E	L	I	G	H	T	S	Q	D	N
W	S	N	E	J	L	M	L	A	S	O	H	Y	U	R
O	P	O	R	T	S	F	I	S	H	E	R	T	K	N
B	S	M	G	U	N	W	A	L	E	S	O	P	N	Z

WORD SEARCH LIST

(Words may be up, down, across, backwards or diagonal)

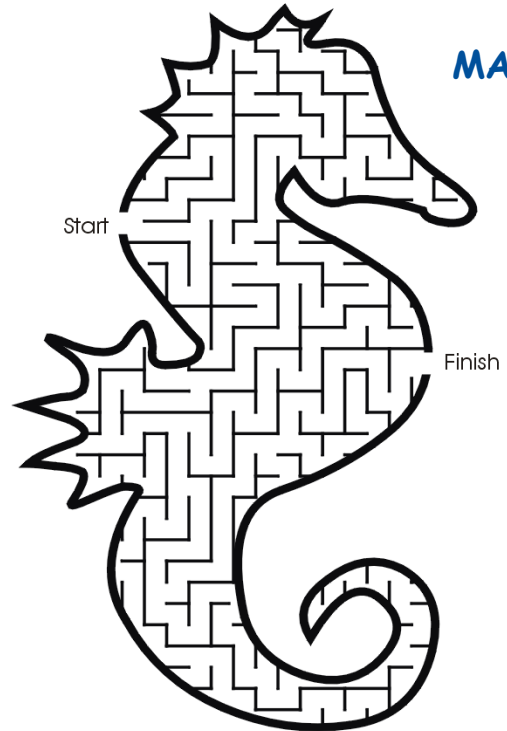
anchor	flag	marine
boat	flares	moon
bowline	freeboard	port
codfish	gunwales	pots
crab	iceberg	starboard
draft	lifejacket	stern
fathom	lights	tide
fisher	lobster	vessel

SUDOKU

7	3	8	9		1		6	
	2				5			3
					2		9	4
					3	4	8	
	9						1	
	4	1	5					
3	1		2					
4			6				3	
	7		3		8	2	4	6



MAZE



JUMBLE

Uncramble these words placing one letter in each square

I	G	S	I	L	A	N
	○		○			○

N	N	G	L	E	U
○			○		○

T	I	G	B	N	A	O
○	○			○		

V	W	S	E	A
○	○		○	

Now rearrange the circled letters to form the surprise answer below

○	○	○	○	○	○	○
○		○	○	○	○	



CONTINUED PROFICIENCY ENDORSEMENT

Every applicant for a continued proficiency must:

- (a) Hold a valid medical certificate (not required for Class 4)
 - (b) Fulfill the service requirements of 12 months within a 5 year period, or 90 days within the last year, of service onboard a ship as either master or mate in charge of the watch.
 - (c) Have completed a marine emergency duties (MED) course A1
- For members holding Fishing Masters or Mates

certificates, this means five years from the date of issue on your certificate or 90 days in the last year. For example, if the date of issue is 2017, by 2023 you must show a valid seafarers medical (not required for Class 4) and qualifying sea time. The sheets for writing up your sea time can be obtained at your nearest Transport Canada Marine Safety office or online at tc.canada.ca.

Corner Brook	637-4390
Lewisporte	535-2503
St. John's	772-5167

DIESEL PUMPS

In 2015, diesel pumps were distributed to some vessels in each District. If you have one of these pumps, please ensure proper maintenance by:

- **Making sure all water is drained from the pump and hoses before storage.**
Rust may occur on the frame and mount causing corrosion
- **Check the housing box to ensure no standing water**
- **Test pump for proper working order at least twice a year**



These pumps have saved lives as well as vessels. Ensure your pump is working before an incident occurs... not during!

INSURANCE - AGE EXCLUSIONS

The current CCGA Insurance Policy includes two age exclusions. The first exclusion affects CCGA members aged 65 years or older. Under the insurance policy, CCGA members 65 years or older are not covered if they suffer a heart or circulatory malfunction during any authorized CCGA activity. The second exclusion is that CCGA members aged 70 years or older are not covered by the Permanent Total Disability Benefit if they should become permanently and totally disabled during any authorized CCGA activity.

It is important to note that these two age exclusions are only for these two benefits and that all members, regardless of age, are insured by the other CCGA insurance coverages.

In light of these exclusions, it is recommended that all CCGA members 65 or older consider whether they wish to continue participating in authorized Search and Rescue operations or other CCGA activities. As well, it is recommended that these members consult with their doctors to ensure that they are medically fit to participate in Search and Rescue operations and other CCGA activities. Age exclusion forms were sent out to all members 65 or over (in 2024) in April. Please complete entirely and return as soon as possible if you have not already done so. Thank you.

HAVE YOU MODIFIED YOUR VESSEL?

You have the responsibility to ensure that equipment and structural modifications do not compromise the freeboard and stability of your vessel, or reduce the suitability of your vessel for the working and environmental conditions it may encounter.

Any modifications must be in compliance with safety standards and the Construction Standards for Small Vessels - TP1332.

Before making alterations to your vessel that may have an impact on vessel tonnage/safety, you should contact your local Transport Canada office. A safety inspector will help you determine whether the proposed modifications are consistent with the construction, equipment, and safety regulations for your vessel's intended area of service.

A Transport Canada inspector will review the suitability of your vessel for the proposed changes. Any changes in the area or type of operation that results in a change in voyage classification will necessitate a re-inspection.

(Taken from TC's Small Commercial Vessel Safety Guide, TP-14070)



The Cold Wet Facts

Ending up in the water is a dangerous situation. Add cold air and water temperatures, and the level of danger increases dramatically. Performing a quick rescue is the most important thing to remember when someone falls into cold water. Why? Because the wet body loses heat 25 to 30 times faster than it would if it were only exposed to air of the same temperature. This makes it extremely unlikely that the individual will be able to assist with their own rescue.

Knowing what to do if you are immersed into cold water will dramatically increase your chances of survival. Sudden immersion in cold water will result in a cold shock response, incapacitation, then eventually hypothermia and cardiac arrest.

PHASES OF COLD-WATER IMMERSION

Cold water immersion occurs when a person experiences sudden, unexpected immersion into water 15°C or below. If this happens, the individual will experience the following four phases.

INITIAL REACTION (COLD SHOCK)

This phase lasts for about one minute and causes a deep and sudden gasp of breath, hyperventilation, and involuntary gasping. These actions cause a person to inhale water and drown. The person overboard must avoid panicking and concentrate on controlling their breathing. Wearing a PFD will be **critical** to their survival.

COLD WATER INCAPACITATION (SWIMMING FAILURE)

This phase occurs in about 10 minutes. During this time, the person will lose the use of their fingers, arms, and legs. Additionally, swim failure will occur within these critical minutes. If the person is not wearing a PFD and cannot be rescued, they will likely drown at this stage.

LONG-TERM IMMERSION (HYPOTHERMIA)

It can take up to an hour before the person will become unconscious from hypothermia. During this time, the body organs will cool, and the body's internal temperature will drop. Following the phase of unconsciousness, if not rescued and treated immediately, the person overboard will likely die.

Always wear your PFD and secure it properly. If a PFD or life jacket is thrown to you once you are already in the water, your muscles may already be paralyzed from the cold. You will likely be unable to secure the life jacket you are wearing, or to reach for a flotation device that is thrown to you.

REWARMING

Here are some steps to rewarm someone after a cold water immersion. You will need 2-3 foil blankets, sleeping bag/blankets and a tarp. This is called a hypothermia capsule.



Be safe, wear your PFD.

Rodney Ryan
SAR Program Officer/Rescue Specialist Coordinator
Canadian Coast Guard, Atlantic Region



Colouring Contest

Hey kids!

Are you ready for the CCGA-NL Annual Colouring Contest? The contest is open to the children and grandchildren of Auxiliary members.

1st and 2nd prizes will be awarded in each of the following age groups and all participants will receive acknowledgement.

- ♦ Up to 4 years
- ♦ 5-6 years
- ♦ 7-8 years
- ♦ 9 years and up

All entries must be received at the CCGA-NL office in St. John's no later than Friday, August 16, 2024.

Please send your entry to: Colouring Contest
c/o CCGA-NL Inc.
P.O. Box 938
St. John's, NL A1C 5M3



2023 Winners!

Ages up to 4

1st - Rowan Sexton
2nd - Hudson Morey

Ages 7-8

1st - Lily Power
2nd - Grayson Jacobs

Ages 5-6

1st - Bea Brockerville
2nd - Aaron Harvey

Ages 9 and up

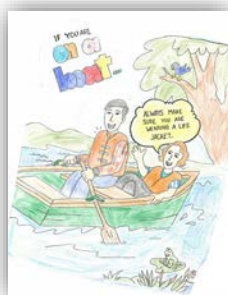
1st - Hayden Poole
2nd - Marissa Thorne



Rowan



Bea



Lily

Hayden

